

WORLD CHAMPION TAEKWONDO BELT TESTING APPLICATION 3RD GEUP (BROWN STRIPE) TESTING FEE: \$60.00



Please fill in all blanks If you have any questions, please ask an Instructor for assistance. .

Name:		Birth Date:
Present Rank:	Belt Size	Date of Test:
What is the name of you	r form?	

Essay Questions

Each answer should be at least two paragraphs, handwritten. Use the reverse of this paper or another sheet.

- 1.) How do explain Tae Kwon Do to others?
- 2.) Are you proud to be a student of Tae Kwon Do? If so, Why?

Brown Stripe Philosophy: Discipline (WRITE ON YOUR BOARD)

I walk away to cool off when someone makes me angry. I am gracious to my opponent whether I win or lose. I wait for the teacher to finish talking before asking for help. I do not lose my temper when I don't catch on to something right away. I practice my forms with my best effort, even when no one is watching. I don't blame others if I make a mistake. I stop and think before I act. I limit how much junk food I eat. I try not to yell when I get upset.

Write on the back of your board: ONE BAD HABIT!

SCHOOL USE ONLY						
POOMSE	Α	В	C	D		
KICKING	Α	В	С	D		
SELF DEFENSE	Α	В	C	D		
ONE STEP SPARRING	Α	B	C	D		
FREE SPARRING	Α	В	С	D		
BREAKING TECHNIQUE	Α	В	С	D		