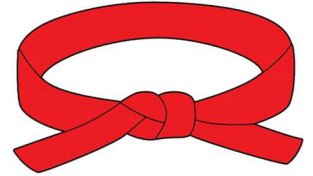




**WORLD CHAMPION TAEKWONDO**  
**BELT TESTING APPLICATION**  
**1<sup>ST</sup> GEUP (RED)**  
**TESTING FEE: \$60.00**



**Please fill in all blanks** If you have any questions, please ask an Instructor for assistance. .

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Present Rank: \_\_\_\_\_ Belt Size \_\_\_\_\_ Date of Test: \_\_\_\_\_

What is the name of your form? \_\_\_\_\_

**Essay Questions**

Each answer should be at least two paragraphs, handwritten.  
Use the reverse of this paper or another sheet.  
(Answer must be a minimum of 100 words)

- 1.) Explain how you have disciplined yourself physically and mentally thus far.
  
  
  
  
  
  
  
  
  
  
- 2.) Explain how Tae Kwon Do can contribute in further developing our society.

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**Red Philosophy: Leadership (WRITE ON YOUR BOARD)**

I praise and complement others for doing a good job.  
I volunteer to help clean up the park near my house.  
I try to include everyone when I am in charge.  
I am a good role model to others.  
I am willing to help others.  
I try to see opportunity instead of obstacles.

**Write on the back of your board: ONE BAD HABIT!**

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**SCHOOL USE ONLY**

<b>POOMSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>KICKING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>SELF DEFENSE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>ONE STEP SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>FREE SPARRING</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
<b>BREAKING TECHNIQUE</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>